

**SABLE RESOURCES LTD.**

900 – 999 West Hastings Street
Vancouver, British Columbia
V6C 2W2 Canada

TSXV | **SAE** OTCQB | **SBLRF**

Sable Completes VTEM Geophysical Survey at the Copper Queen Project in British Columbia

VANCOUVER, CANADA – August 18, 2025 - Sable Resources Ltd. ("Sable" or the "Company") (TSXV:SAE | OTCQB:SBLRF) is pleased to announce that the Company has completed a VTEM™ time-domain geophysical survey at its Copper Queen project in British Columbia ("Copper Queen" or the "Property").

Highlights

- The survey consisted of 535 line-kilometres covering two of the main targets, Breccias 1-2-3 and Roof, and additionally covered part the Breccia 4 target area (Figure 1).
- Results of the survey show conductive and magnetic features at depth, directly below Breccias 1, 2, and near Breccia 3. These features may indicate connection of the outcropping breccias to concealed porphyry centres at depth (Figure 2).
- From the data, it is apparent that the copper bearing magmatic-hydrothermal breccias, mapped on surface, represent magnetic lows at the margins of a large magnetic high feature.
- Additionally, two significant conductivity anomalies were found east of the Roof mineralized zone, and between Roof and Breccias 1-2-3. These two new conductive zones are located on unexplored ground. A preliminary field review of these two anomalies is planned for late August.

Dr. Ruben Padilla, President and CEO of Sable commented:

"The results of the VTEM survey will be key for the ongoing exploration work at Copper Queen. The geophysics support our initial idea of two different mineralization styles: outcropping Cu-bearing magmatic hydrothermal breccias and a potential blind Cu porphyry connected to the breccias at depth."

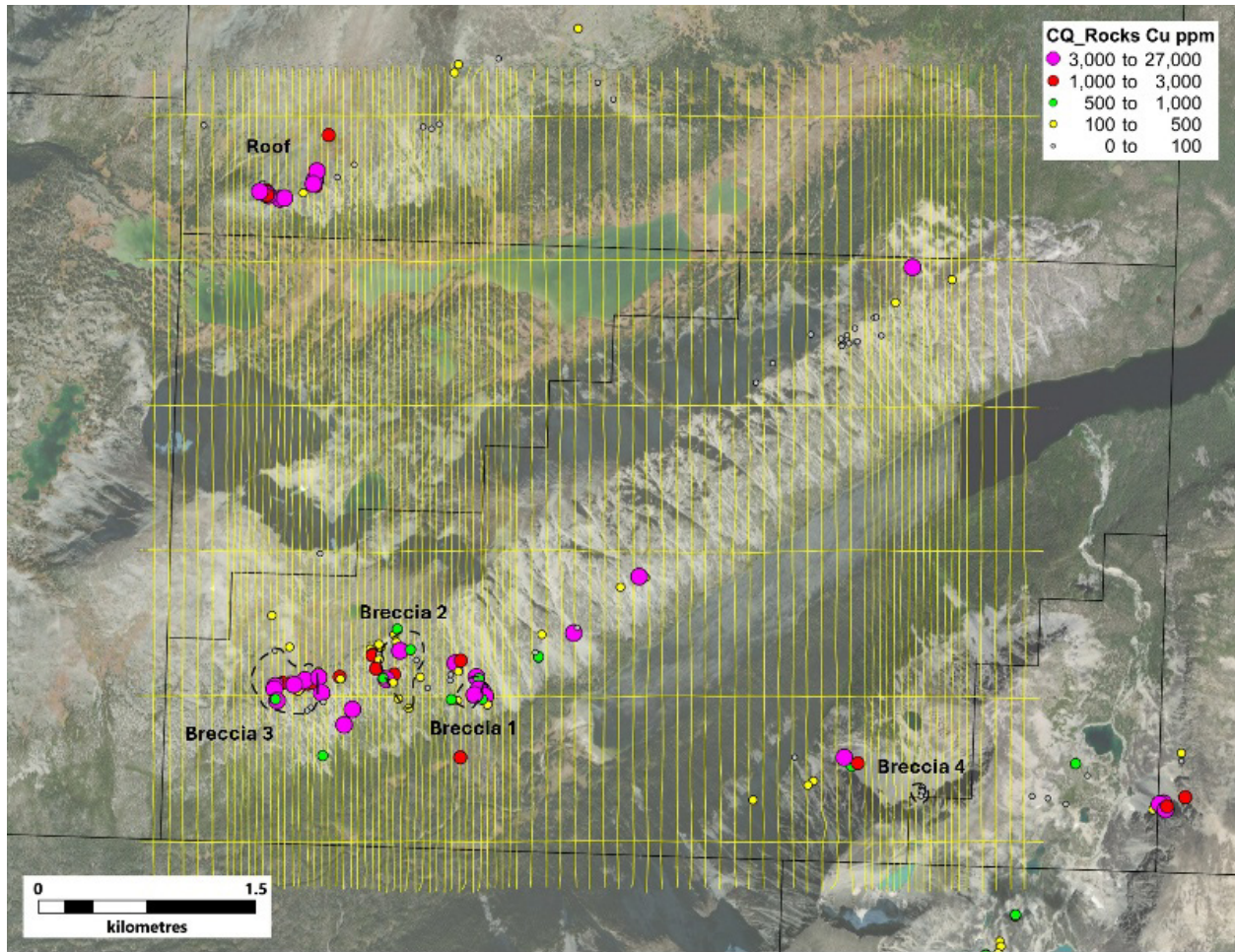


Figure 1. Flight lines for the VTEM survey conducted at Copper Queen.

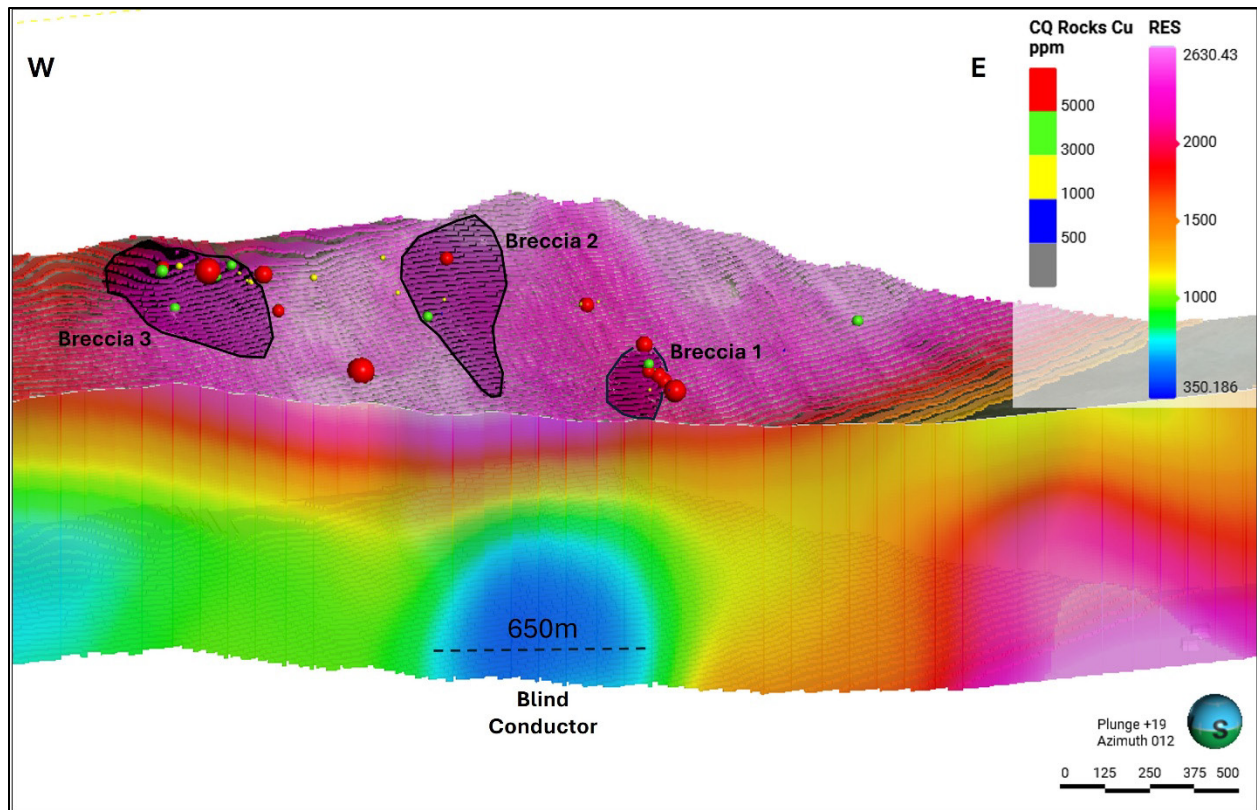


Figure 2. 3D slice looking north showing the distribution of resistivity at depth and highlighting the presence of a large conductive feature directly below Breccias 1 and 2.

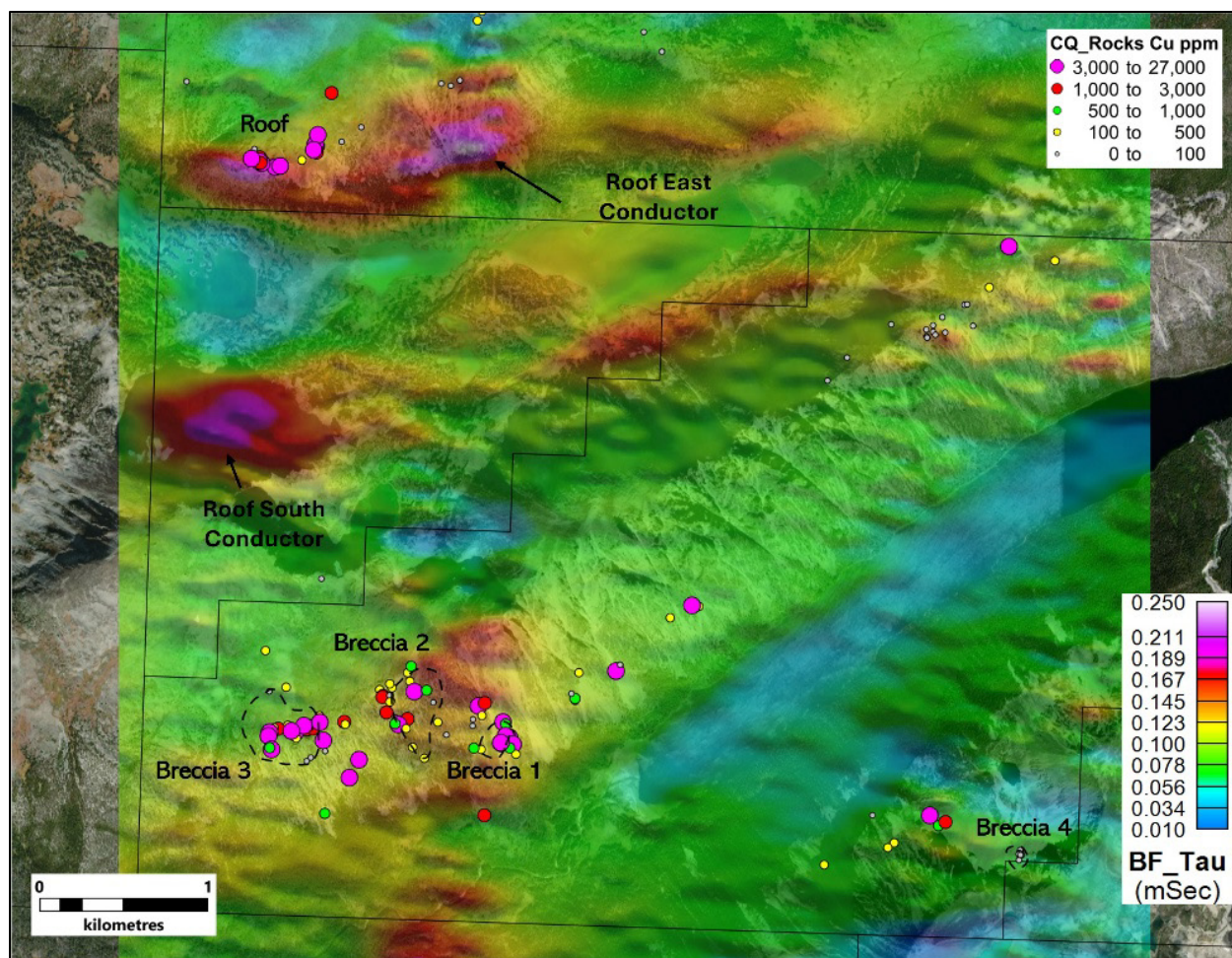


Figure 3. Distribution of the BFz Tau parameter as a proxy for conductivity highlighting two significant conductors: Roof East and Roof South.

Issuance of Options

The Company also announces that pursuant to the stock option plan, it has granted an aggregate of 10,000,000 options to purchase common shares of the Company exercisable at a price of \$0.07 per share for a period of five years, to directors, officers and consultants of the Company.

SAMPLE PREPARATION AND QA/QC

Sample preparation for projects in British Columbia is carried out by ALS Minerals, at its facility located in Kamloops with analyses carried out at their laboratory in Vancouver. Sample preparation includes drying in an oven at a maximum temperature of 60°C, fine crushing of the sample to at least 70% passing less than 2 mm, sample splitting using a riffle splitter, and pulverizing a 250 g split to at least 85% passing 75 microns (code PREP-31). The samples contained in this news release were analyzed by methods Au-AA24 (Fire Assay Fusion and Atomic Absorption Spectrometry finish) and ME-MS61 (Four Acid Digestion with Mass Spectrometry finish); the latter one includes 48 elements (Al, Ag, As, Ba, Be, Bi, Ca, Cd, Ce, Co, Cr, Cs, Cu, Fe, Ga, Ge, Hf, In, K, La, Li, Mg, Mn, Mo, Na, Nb, Ni, P, Pb, Rb, Re, S, Sb, Sc, Se, Sn, Sr, Ta, Te, Th, Ti, Tl, U, V, W, Y, Zn, Zr). Both digestion methods dissolve most

minerals but not all elements are quantitatively extracted in some sample matrices. ALS additionally collects a subsample from the coarse reject to be analyzed by Terraspec; spectral data is sent to AISIRIS Australia to be processed and interpreted.

Control samples (standards, blanks, and duplicates) are inserted systematically, and their results evaluated according to the Company protocols.

QUALIFIED PERSON

Luis Arteaga M.Sc. P.Geo., Vice President Exploration is the Company's Qualified Person as defined by NI 43-101. He has reviewed and approved the technical information in this news release.

ABOUT THE COPPER QUEEN PROJECT

Copper Queen is located 225km west of Williams Lake in central western British Columbia. Exploration work conducted by Anaconda American Brass ("Anaconda") between 1968 and 1969 shows the existence of quartz feldspar porphyries and at least five mineralized breccias within a porphyry system of approximately 4.5 x 2km. Anaconda reported drilling 182m in two holes in 1969, however, Anaconda did not file detailed information about the drilling but reported grades from 0.2 to 0.3% Cu in 6 to 25 metre intervals*. Rio Tinto drilled two holes totaling 119m on the southern margin of McClinchy Lake following a chargeability anomaly where Cu mineralization was observed but the results were not significant. Minor sampling visits were conducted in 1982 and 1994, and a 900km VLF-EM and radiometric survey was conducted by Seaborne Minerals in 2011. No exploration activity has been performed at Copper Queen since 2011 and no mapping since the Anaconda times. Sable initially staked the property in May 2024 and recently extended the property to 15,133 hectares.

** Historical Anaconda work on the Property is used only as a reference; original Anaconda reports have not been found.*

ABOUT SABLE RESOURCES LTD.

Sable is a well-funded junior grassroots explorer focused on the discovery of Tier-One new precious metal and copper projects through systematic exploration in endowed terranes located in favorable, established mining jurisdictions. Sable's focus is developing its large portfolio of new Greenfields projects to resource level. Sable is actively exploring the San Juan Regional Program (163,969 ha) incorporating the Don Julio, El Fierro, and Cerro Negro projects in San Juan Province, Argentina and the Copper Queen (15,133ha), Rusty Peak (1,942 ha), Copper Prince (3,980 ha), and the Core Mountain (1,925 ha) properties in British Columbia.

For further information, please contact:

Ruben Padilla, President & CEO at ruben.padilla@sableresources.com or +1 (520) 488-2520

Related link: sableresources.com

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CAUTION REGARDING FORWARD-LOOKING STATEMENTS

Certain statements contained in this press release constitute forward-looking information. These statements relate to future events or future performance. The use of any of the words "could", "intend", "expect", "believe", "will", "projected", "estimated" and similar expressions and statements relating to matters that are not historical facts are intended to identify forward-looking information and are based on Sable's current belief or assumptions as to the outcome and timing of such future events. Actual future results may differ materially. Although such statements are based on reasonable assumptions of Sable's management, there can be no assurance that any conclusions or forecasts will prove to be accurate.

While Sable considers these assumptions to be reasonable based on information currently available, they may prove to be incorrect. Forward-looking information involves known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements to be materially different from any future results, performance or achievements expressed or implied by the forward-looking information. Such factors include risks inherent in the exploration and development of mineral deposits, including risks relating to changes in project parameters as plans continue to be redefined, risks relating to variations in grade or recovery rates, risks relating to changes in mineral prices and the worldwide demand for and supply of minerals, risks related to increased competition and current global financial conditions, access and supply risks, reliance on key personnel, operational risks, and regulatory risks, including risks relating to the acquisition of the necessary licenses and permits, financing, capitalization and liquidity risks.

The forward-looking information contained in this release is made as of the date hereof, and Sable is not obligated to update or revise any forward-looking information, whether as a result of new information, future events or otherwise, except as required by applicable securities laws. Because of the risks, uncertainties and assumptions contained herein, investors should not place undue reliance on forward-looking information. The foregoing statements expressly qualify any forward-looking information contained herein.